

## Central & South Norfolk League (Barnes Print)

Division One	Brandon T res	Briston res	Cockers	Hethersett Ath	Lakenheath Cas	Norwich Med	Rockland Utd	UEA A	Watton Utd res	Weasenham	Yaxham
Brandon Town reserves		1-3	5-6	2-5	1-4	0-6	2-0	3-1	0-2	4-2	1-7
Briston reserves	4-4		8-1	4-2	0-7	2-2	5-0	1-1	3-2	1-5	3-5
Cockers	6-0	4-1		1-4	1-7	2-3	4-0	1-1	2-1	1-1	1-3
Hethersett Athletic	6-1	4-1	2-2		1-3	2-3	4-1	2-3	8-0	1-1	2-1
Lakenheath Casuals	6-2	W-L	5-1	W-L		3-0	5-0	2-2	2-0	2-1	3-1
Norwich Medics	5-0	13-0	4-4	2-0	2-0		8-1	3-2	8-0	1-0	4-2
Rockland United	0-7	5-1	1-2	1-3	1-6	1-4		4-4	1-1	0-6	2-7
UEA "A"	1-4	3-0	4-0	0-3	1-5	3-2	4-1		1-3	5-0	1-2
Watton United reserves	0-3	W-L	3-2	2-7	1-5	0-6	5-0	4-3		3-1	2-6
Weasenham	4-3	5-2	6-0	4-6	4-1	0-4	4-1	1-0	12-2		3-1
Yaxham	4-1	6-3	W-L	4-0	6-1	1-2	2-0	4-5	4-1	4-4	

Division One	Pld	W	D	L	F	A	Pts
1 Norwich Medics	20	16	2	2	82	23	50
2 Lakenheath Casuals	20	16	1	3	67	25	49
3 Yaxham	20	13	1	6	70	39	40
4 Weasenham (+3)	20	10	3	7	64	42	36
5 Hethersett Athletic	20	11	2	7	62	36	35
6 UEA "A" (+3)	20	7	4	9	45	45	28
7 Cockers	20	6	4	10	41	59	22
8 Watton United reserves	20	7	1	12	32	74	22
9 Briston reserves	20	5	3	12	42	70	18
10 Brandon Town res (-6)	20	6	1	13	44	72	13
11 Rockland United	20	1	2	17	20	84	5

Brandon Town reserves  
 Briston reserves  
 Cockers  
 Hethersett Athletic  
 Lakenheath Casuals  
 Norwich Medics  
 Rockland United  
 UEA "A"  
 Watton United reserves  
 Weasenham  
 Yaxham

Division Two	Bridgham Utd	Castle AS res	Costessey res	FC Viking	Hempnall res	Hockering res	Hornets	Rockland U res
Bridgham United		0-2	6-2	2-1	4-2	2-0	4-2	5-0
Castle Acre Swifts res	4-1		W-L	1-0	5-3	2-0	3-3	W-L
Costessey Sports res	2-2	1-2		2-0	2-2	2-2	3-2	W-L
FC Viking	3-3	0-1	2-3		1-5	1-2	3-5	W-L
Hempnall reserves	3-1	2-4	4-6	3-3		3-4	3-3	10-1
Hockering reserves	5-2	1-2	4-4	1-3	4-0		2-1	8-3
Hornets	1-2	2-0	0-1	4-2	2-2	0-2		W-L
Rockland United res	0-7	3-3	0-6	2-7	L-W	1-3	2-2	

Division Two	Pld	W	D	L	F	A	Pts
1 Castle Acre Swifts res	14	11	2	1	29	16	35
2 Bridgham United	14	8	2	4	41	27	26
3 Hockering reserves	14	8	2	4	38	26	26
4 Costessey Sports res	14	7	4	3	34	26	25
5 Hempnall reserves	14	4	4	6	42	40	16
6 Hornets	14	4	4	6	27	29	16
7 FC Viking	14	3	2	9	26	34	11
8 Rockland United res	14	0	2	12	12	51	2

Attleborough Town "A" - record expunged  
 Litcham Youth Club - record expunged  
 Longham - record expunged

Attleborough Town "A"  
 Bridgham United  
 Castle Acre Swifts reserves  
 Costessey Sports reserves  
 FC Viking  
 Hempnall reserves  
 Hockering reserves  
 Hornets  
 Litcham Youth Club  
 Longham  
 Rockland United reserves

Division Three	Hingham	Bowthorpe	Easton A	N Elmham	Northwold	Redgrave R	Southrepps	Swaffham A	Taco res	UEA U21	Yaxham res
AG Hingham		10-0	3-2	1-1	5-0	2-0	W-L	11-0	W-L	6-2	7-3
Bowthorpe Rovers			1-4	0-3	2-4	5-5	0-2	3-4	1-1	2-8	3-3
Easton "A"	1-4	3-1		3-3	2-2	0-1	0-2	2-1	6-2	3-0	3-0
North Elmham	3-6	9-4	W-L		2-2	2-3	4-1	2-2	4-4	4-0	2-0
Northwold	4-3	5-1	0-5	0-4		0-2	W-L	9-0	2-3	4-0	2-2
Redgrave Rangers 2019	4-1	W-L	2-2	1-1	4-0		3-4	1-1	5-1	0-4	2-0
Southrepps	1-7	0-1	1-0	4-2	3-1	1-0		1-1	3-0	1-2	2-2
Swaffham Town "A"	2-3	1-0	2-4	3-4	3-3	1-6	2-3		W-L	6-1	4-2
Tacolneston reserves	4-5	5-5	4-5	1-5	3-1	4-1	2-1	3-4		W-L	0-2
UEA U21	1-6	9-0	2-4	1-2	2-2	2-3	L-W	2-1	4-1		3-1
Yaxham reserves	2-7	2-0	2-0	2-1	0-3	1-0	1-2	1-2	3-1	W-L	

### Division Three

	Pld	W	D	L	F	A	Pts
1 AG Hingham	19	16	1	2	87	30	49
2 North Elmham	20	10	6	4	58	38	36
3 Southrepps	20	11	2	7	32	28	35
4 Redgrave Rangers 2019	20	10	4	6	43	32	34
5 Easton "A"	20	10	3	7	49	33	33
6 Northwold	20	7	5	8	44	46	26
7 Swaffham Town "A"	20	7	4	9	40	61	25
8 Yaxham reserves	20	7	3	10	29	44	24
9 UEA U21	20	7	1	12	43	46	22
10 Tacolneston reserves	20	5	3	12	39	57	18
11 Bowthorpe Rovers	19	1	4	14	29	78	7

One game was left unplayed

AG Hingham  
Bowthorpe Rovers  
Easton "A"  
North Elmham  
Northwold  
Redgrave Rangers 2019  
Southrepps  
Swaffham Town "A"  
Tacolneston reserves  
UEA U21  
Yaxham reserves

Division Four	4Sports	Colkirk	Docking R D	Eaton Wands	FC Viking res	Fakenham	Horsham A	Narborough	Necton	N Medics res	Sporle Ath	Stoke Utd
4Sports		4-0	W-L	2-4	4-1	4-1	3-0	1-1	5-0	4-0	7-0	5-1
Colkirk	0-5		1-5	0-5	3-2	L-W	2-7	2-4	7-1	0-2	1-1	W-L
Docking Rangers Dev	0-14	1-3		1-3	2-4	1-6	0-3	3-3	3-2	0-4	L-W	2-2
Eaton Wanderers	2-2	0-1	W-L		1-2	2-1	1-1	0-4	5-1	6-0	2-0	5-1
FC Viking reserves	L-W	1-3	1-2	0-3		1-7	2-9	0-4	7-2	1-2	0-4	1-4
Fakenham Town "A"	2-6	5-1	W-L	0-1	2-2		0-4	0-2	12-0	3-1	6-1	7-0
Horsham Athletic	4-1	0-1	9-0	0-0	7-2	5-1		3-2	12-1	4-0	1-2	7-1
Narborough	1-1	6-0	5-0	3-4	6-0	1-0	3-3		5-0	5-1	1-2	7-2
Necton	0-8	5-1	4-4	0-14	2-9	1-9	2-7	0-5		1-3	0-6	2-3
Norwich Medics reserves	0-5	4-0	2-5	1-7	2-1	0-0	0-2	1-1	4-2		7-1	2-6
Sporle Athletic	3-0	2-1	5-1	5-3	7-4	1-4	2-5	0-2	W-L	8-1		10-1
Stoke United	0-4	3-4	2-4	aban	0-3	1-4	1-4	0-0	3-1	5-0	L-W	

### Division Four

	Pld	W	D	L	F	A	Pts
1 Horsham Athletic	22	16	3	3	97	27	51
2 4Sports	22	16	3	3	85	20	51
3 Eaton Wanderers (+3)	21	14	3	4	68	25	48
4 Narborough	22	13	6	3	71	23	45
5 Sporle Athletic	22	14	1	7	60	47	43
6 Fakenham Town "A"	22	12	2	8	70	35	38
7 Norwich Medics reserves	22	8	2	12	37	67	26
8 Colkirk	22	8	1	13	31	63	25
9 Docking Rangers Dev	22	5	3	14	34	73	18
10 Stoke United	21	5	2	14	36	72	17
11 FC Viking reserves	22	5	1	16	44	76	16
12 Necton	22	1	1	20	27	132	4

Belton reserves – record expunged

One game was abandoned with the points being awarded to Eaton Wanderers

4Sports  
Belton reserves  
Colkirk  
Docking Rangers Dev  
Eaton Wanderers  
FC Viking reserves  
Fakenham Town "A"  
Horsham Athletic  
Narborough  
Necton  
Norwich Medics reserves  
Sporle Athletic  
Stoke United

### Pease League Cup

Round 1	Easton "A" 1-2 Eaton Wanderers
Necton 3-5 4Sports	Southrepps 5-1 Bowthorpe Rovers
UEA U21 6-7 Horsham Athletic	Northwold 2-1 North Elmham Youth
Narborough 5-2 FC Viking reserves	Sporle Athletic 2-2 Swaffham Town "A" (Swaffham Town "A" won 5-4 on penalties)
Tacolneston reserves 1-2 Colkirk	Quarter Finals
Belton reserves 5-2 Easton "A"	4Sports 6-0 Fakenham Town "A"
Eaton Wanderers 3-0 Docking Rangers Development	AG Hingham 10-0 Narborough
Sporle Athletic 3-3 Redgrave Rangers 2019 (Sporle Athletic won 4-2 on penalties)	Eaton Wanderers 1-3 Southrepps
Norwich Medics reserves 0-4 Swaffham Town "A"	Northwold 0-0 Swaffham Town "A" (Swaffham Town "A" won 8-7 on penalties)
Round 2	Semi-Finals
Yaxham reserves 3-4 4Sports	4Sports 1-1 Southrepps (Southrepps won 4-2 on penalties)
Horsham Athletic 5-6 Fakenham Town "A"	Swaffham Town "A" 1-8 AG Hingham
AG Hingham w/o-scr Stoke United	Final (@ FDC Bowthorpe, 28/4/23)
Narborough 3-1 Colkirk	AG Hingham 9-0 Southrepps

## Ben Smith Memorial Cup

<u>Round 1</u> Horsham Athletic 3-0 Norwich Medics reserves	4Sports 2-5 Yaxham
<u>Round 2</u> Narborough 1-2 Belton reserves AG Hingham 5-0 Redgrave Rangers 2019 Yaxham reserves w/o-scr Attleborough Town "A" Bowthorpe Rovers 4-4 FC Viking reserves ( <i>FC Viking reserves won 4-3 on penalties</i> ) Horsham Athletic 1-3 North Elmham Youth Easton "A" 1-0 Swaffham Town "A" Colkirk 2-5 Longham Necton 1-6 Hornets 4Sports 6-0 Sporle Athletic Litcham Youth Club 4-2 Taconelston reserves FC Viking 5-1 Stoke United UEA U21 3-1 Bridgham United Costessey Sports United w/o-scr Docking Rangers Development Rockland United reserves 0-6 Hockering reserves	Litcham Youth Club scr-w/o Weasenham Wanderers Cockers 1-6 Lakenheath Casuals UEA "A" 5-0 FC Viking UEA U21 7-0 Watton United reserves Fakenham Town "A" 3-4 Southrepps Costessey Sports United 3-3 Hockering reserves ( <i>Hockering reserves won 7-6 on penalties</i> )
<u>Round 3</u> Northwold 1-9 AG Hingham Yaxham reserves 0-4 Hempnall reserves Norwich Medics 4-2 Brandon Town reserves Rockland United w/o-scr Briston reserves Brandon Town reserves w/o-scr FC Viking reserves North Elmham Youth 3-3 Easton "A" ( <i>North Elmham Youth won 2-1 on penalties</i> ) Longham 2-3 Hethersett Athletic Eaton Wanderers 1-1 Hornets ( <i>Eaton Wanderers won 4-2 on penalties</i> )	<u>Round 4</u> AG Hingham 7-0 Hempnall reserves Norwich Medics 10-0 Rockland United Castle Acre Swifts reserves 2-2 North Elmham Youth ( <i>Castle Acre Swifts won 4-2 on penalties</i> ) Hethersett Athletic 1-1 Eaton Wanderers ( <i>Hethersett Athletic won 4-3 on penalties</i> ) Weasenham Wanderers 2-7 Lakenheath Casuals UEA "A" 6-1 UEA U21 Southrepps 2-3 Hockering reserves
	<u>Quarter Finals</u> AG Hingham 2-1 Norwich Medics North Elmham Youth 0-4 Hethersett Athletic Yaxham 1-2 Lakenheath Casuals UEA "A" 5-1 Hockering reserves
	<u>Semi-Finals</u> AG Hingham 2-1 Hethersett Athletic Lakenheath Casuals 4-4 UEA "A" ( <i>Lakenheath Casuals won 5-3 on penalties</i> )
	<u>Final (@ FDC Bowthorpe, 26/5/23)</u> AG Hingham 5-1 Lakenheath Casuals

## Junior League Cup

<u>Round 1</u> Watton United reserves 1-8 Cockers Rockland United 0-7 Lakenheath Casuals Weasenham Wanderers 1-1 Yaxham ( <i>Weasenham Wanderers won 5-4 on penalties</i> ) Norwich Medics 0-2 UEA "A"	Lakenheath Casuals 5-2 Weasenham Wanderers UEA "A" bye Brandon Town reserves 2-1 Briston reserves
<u>Quarter Finals</u> Cockers 3-3 Hethersett Athletic ( <i>Cockers won 3-2 on penalties</i> )	<u>Semi-Finals</u> Cockers 0-0 Lakenheath Casuals ( <i>Lakenheath Casuals won 4-2 on penalties</i> ) UEA "A" 6-0 Brandon Town reserves
	<u>Final (@ FDC Bowthorpe, 12/5/23)</u> Lakenheath Casuals 3-1 UEA "A"

## Primary League Cup

<u>Round 1</u> FC Viking 2-1 Costessey Sports United Hockering reserves 7-0 Attleborough Town "A" Longham 2-3 Hornets	Hockering reserves 4-3 Bridgham United Hornets 10-0 Rockland United reserves
<u>Quarter Finals</u> Hempnall reserves w/o-scr Litcham Youth Club FC Viking scr-w/o Castle Acre Swifts reserves	<u>Semi-Finals</u> Hempnall reserves 4-0 Castle Acre Swifts reserves Hockering reserves 1-1 Hornets ( <i>Hockering reserves won 4-2 on penalties</i> )
	<u>Final (@ FDC Bowthorpe, 6/5/23)</u> Hempnall reserves 2-3 Hockering reserves

## Shoe Trades Cup

<u>Round 1 (2 Legs)</u> Yaxham 3-3 Southrepps Southrepps 1-6 Yaxham ( <i>Yaxham won 9-4 on aggregate</i> )	Watton United reserves 6-2 Bowthorpe Rovers Bowthorpe Rovers 0-3 Watton United reserves ( <i>Watton United reserves won 9-2 on aggregate</i> )
<u>Quarter Finals (2 Legs)</u> Sporle Athletic w/o-scr Hethersett Athletic Redgrave Rangers scr-w/o Yaxham Hornets 1-2 Hempnall reserves Hempnall reserves 0-2 Hornets ( <i>Hornets won 3-2 on aggregate</i> )	<u>Semi-Finals</u> Watton United reserves 1-4 Hethersett Athletic Yaxham 2-1 Hornets
	<u>Final (@ FDC Bowthorpe, 3/6/23)</u> Hethersett Athletic 9-1 Yaxham

## Ambulance Cup

<u>Round 1</u> Bridgham United 10-0 FC Viking reserves Brandon Town reserves 0-2 Horsham Athletic Norwich Medics reserves 2-2 Swaffham Town "A" ( <i>Norwich Medics reserves won 5-4 on penalties</i> ) FC Viking 3-0 Colkirk 4Sports 6-0 Redgrave Rangers 2019 Bowthorpe Rovers 0-3 Narborough Rockland United reserves 2-5 Costessey Sports United Northwold 4-3 Watton United reserves	FC Viking 2-1 4Sports Narborough 1-4 Costessey Sports United Northwold w/o-scr Longham Taconelston reserves 0-9 Cockers
<u>Round 2</u> Bridgham United w/o-scr Docking Rangers Development Horsham Athletic 4-1 Norwich Medics reserves Easton "A" 3-2 Yaxham reserves Fakenham Town "A" 3-0 Necton	<u>Quarter Finals</u> Easton "A" 1-0 Northwold Horsham Athletic 2-1 Fakenham Town "A" 4Sports 3-2 Bridgham United Costessey Sports United 5-3 Cockers
	<u>Semi-Finals</u> 4Sports 2-0 Horsham Athletic Easton "A" 2-1 Costessey Sports United
	<u>Final (@ FDC Bowthorpe, 27/5/23)</u> 4Sports 2-1 Easton "A"